



# NONCOMMUNICABLE DISEASES AND COVID-19:

A selection of WHO resources to support city-level policies and programs

## IN THE SPOTLIGHT:

### Addressing NCD risk factors in the context of COVID-19

DATE OF PUBLICATION: 2020

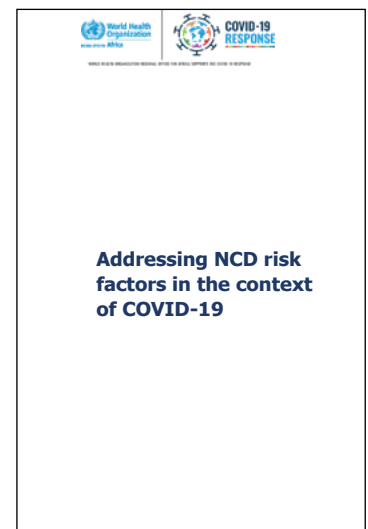
**Topic:** COVID-19 affects all populations regardless of age, gender, ethnicity or nationality. However, people living with NCDs are more severely affected by COVID-19, and the global COVID-19 pandemic is contributing to social and economic disruptions that may drive people to engage in risk-taking behavior and unhealthy habits. Preventing these risk factors will have a dual beneficial effect of reducing the number of people at risk of severe disease as well as improving the recovery of those affected by COVID-19.

AVAILABLE IN:

ENGLISH

FRENCH

PORTUGUESE



### Access to essential medicines for noncommunicable diseases during the COVID-19 pandemic

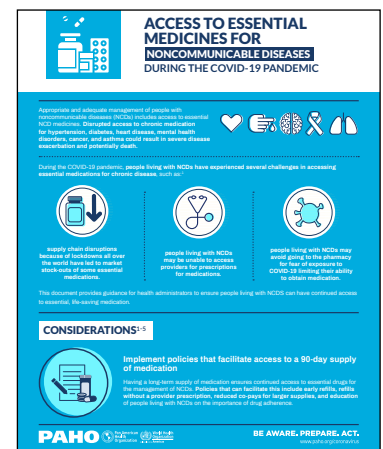
DATE OF PUBLICATION: 2020

**Topic:** Appropriate and adequate management of people with noncommunicable diseases (NCDs) includes access to essential NCD medicines. Disrupted access to chronic medication for hypertension, diabetes, heart disease, mental health disorders, cancer, and asthma could result in severe disease exacerbation and potentially death.

AVAILABLE IN:

ENGLISH

SPANISH



## SELECTED RESOURCES:

TITLE/TOPIC	YEAR PUBLISHED	AVAILABLE LANGUAGES
Information note on COVID-19 and NCDs	2020	ENGLISH
Responding to noncommunicable diseases during and beyond the COVID-19 pandemic: a rapid review	2020	ENGLISH ARABIC CHINESE FRENCH RUSSIAN SPANISH
#HealthyAtHome materials	2020	ENGLISH ARABIC CHINESE FRENCH RUSSIAN SPANISH
TOBACCO		
Smoking and COVID-19	2020	ENGLISH
Q&A on COVID-19 and tobacco	2020	ENGLISH ARABIC CHINESE FRENCH RUSSIAN SPANISH
HEALTHY DIET		
COVID-19 and food safety: Guidance for food businesses	2020	ENGLISH ARABIC FRENCH RUSSIAN SPANISH
Nutritional advice for adults during the COVID-19 outbreak	2020	ENGLISH
Food and nutrition during self-quarantine: what to choose and how to eat healthily	2020	ENGLISH

## PHYSICAL ACTIVITY AND MOBILITY

Stay physically active during COVID-19

2020

ENGLISH

Moving around during the COVID-19 pandemic

2020

ENGLISH

FRENCH

GERMAN

RUSSIAN

## ALCOHOL

Alcohol and COVID-19: What you need to know

2020

ENGLISH

## HEART DISEASE

Q&A on COVID-19 and hypertension

2020

ENGLISH

FRENCH

PORTUGUESE

## LUNG DISEASE

COVID-19 links with asthma and chronic obstructive pulmonary disease (COPD)

2020

ENGLISH

FRENCH

PORTUGUESE

## CANCER

Q&A on COVID-19 and cancer

2020

ENGLISH

FRENCH

PORTUGUESE

## DIABETES

Q&A on COVID-19 and diabetes

2020

ENGLISH

FRENCH

PORTUGUESE